



**BHARATI VIDYAPEETH**  
(Deemed to be University)  
**SCHOOL OF PHYSIOTHERAPY**

Pune- Satara Road, Dhankawadi, Pune 411043

Tel :-( 020) 40555555, 24372223

**E-mail:** [sopt.pune@bharatividyaapeeth.edu](mailto:sopt.pune@bharatividyaapeeth.edu) **Website:** [bvuniversity.edu.in](http://bvuniversity.edu.in)

RefNo /BVDU/SOP/17/2023


Date:- 20/03/2023

**NOTICE**

This is to inform all the teaching and non-teaching staff members and students that the Guest lecture and training program on topic “INFINITE POWER OF MIND” by the esteemed Guest speaker and trainer **Dr. Datta Kohinkar**, is scheduled on 21<sup>st</sup> March 2023 at Medical College Auditorium, 1.30 pm – 4.00pm.

All the students and staff members are hereby informed that it is mandatory for everyone to attend this training program.

Everyone has to report at sharp 1:30pm in Medical College Auditorium.

  
**PRINCIPAL**  
Bharati Vidyapeeth  
(Deemed to be University)  
School of Physiotherapy  
Pune-Satara Road, Pune-411043.





# Bharati Vidyapeeth (Deemed to be University) Pune, India.



Prof. Dr. Shivajirao Kadam  
M.Sc., Ph.D.  
Chancellor

Prof. Dr. Vivek A. Saoji  
M.B.B.S., M.S.(Surg.)  
Vice Chancellor

Founder Chancellor : Dr. Patangrao Kadam  
**SCHOOL OF PHYSIOTHERAPY, PUNE**

★ Accredited with 'A+' Grade (2017) by NAAC ★  
★ Category-I University Status by UGC ★  
★ NIRF Ranking - 76 ★

"Social Transformation Through Dynamic Education"

Dr. Vishwajeet Kadam  
B.Tech., M.B.A., Ph.D.  
Pro Vice Chancellor

Dr. Swati Bhise  
MPTh Neuro. PGDHHM  
Principal

Ref No: BVDU/SOP/ 17 / 2023

Date: 20/03/2023

## REPORT INFINITE POWER OF MIND

Date: 21<sup>st</sup> March 2023

Venue: Medical College Auditorium

Time: 2:00pm to 4:00pm

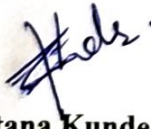
Attendees: Students of School of Physiotherapy and Institute of Nursing

### Report:

School of Physiotherapy, Pune in collaboration with Institute of Nursing has organized Guest lecture cum training program on topic "INFINITE POWER OF MIND". Resource person for the training program was Mr. Datta Kohinkar. Program was conducted in presence of Principal of School of Physiotherapy, Dr. Swati Bhise" and Vice principal of Nursing College, Mr. Suresh Ray.

Total 262 students of Nursing and 95 students of School of Physiotherapy along with Physiotherapy and Nursing faculty attended the training session Program was started at sharp 2:00pm with the welcome speech by Dr. Ruchita Killedar and introduction of Guest speaker by Dr. Swati Bhise. Various mind power training activities were conducted for the students and faculties with an intension to motivate our students to improve their performance in studies and even to benefit for the slow learners to build their confidence through examples, activities and videos.

It was an overall very motivational session and all the students appreciate the session very much.

  
Dr. Chetana Kunde  
Organizing Faculty

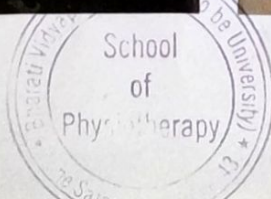
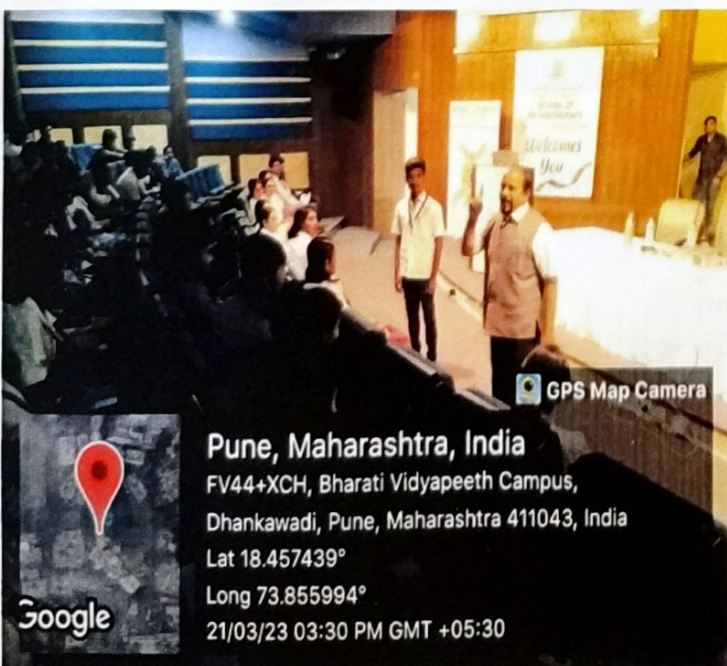
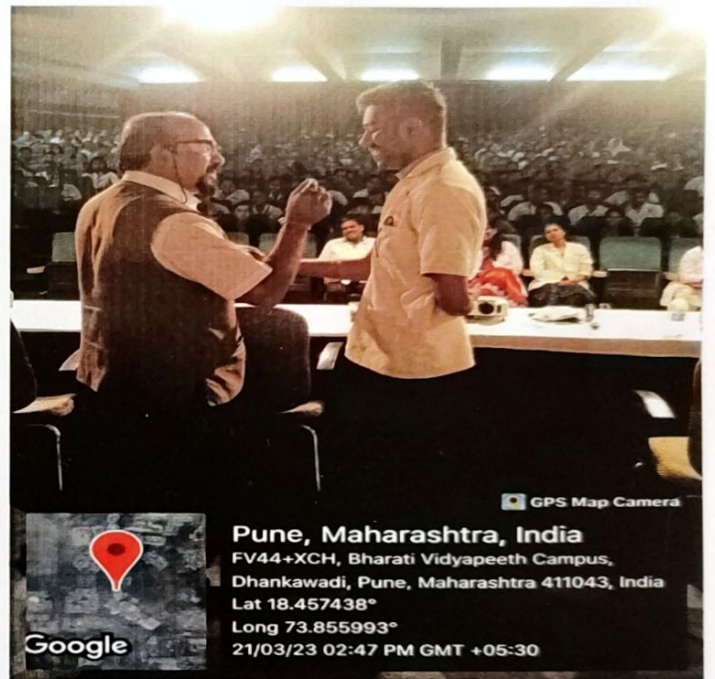
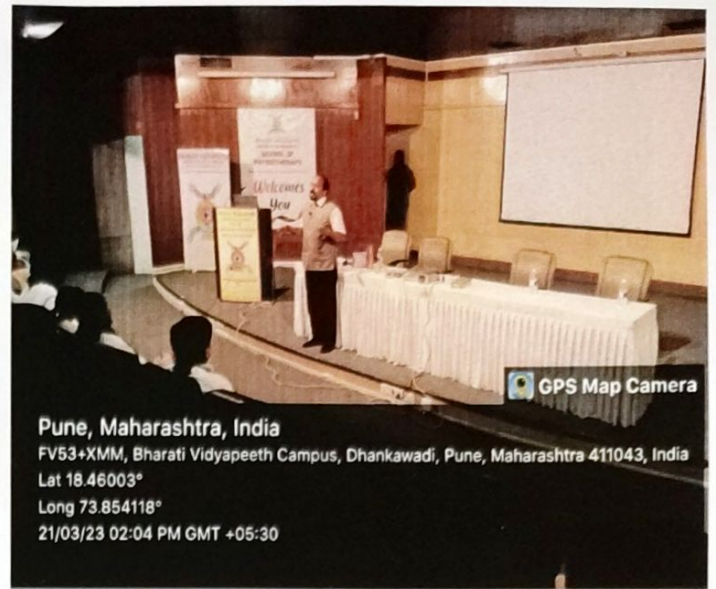


  
Principal

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Pune-Satara Road, Pune-411043.

Pune Satara Road, - 411 043 (INDIA)

Tel No:- 020 - 24372232 Email Id:- [somt.pune@bharatividyaapeeth.edu](mailto:somt.pune@bharatividyaapeeth.edu)





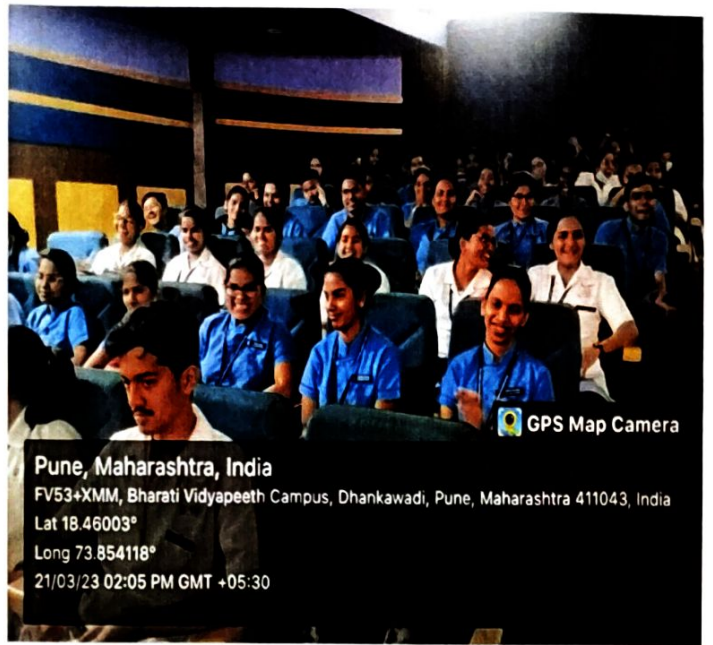
GPS Map Camera

Pune, Maharashtra, India

FV53+XMM, Bharati Vidyapeeth Campus, Dhankawadi, Pune, Maharashtra 411043, India  
Lat 18.46003°

Long 73.854118°

21/03/23 02:14 PM GMT +05:30



GPS Map Camera

Pune, Maharashtra, India

FV53+XMM, Bharati Vidyapeeth Campus, Dhankawadi, Pune, Maharashtra 411043, India  
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Long 73.855994°

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# BHARATI VIDYAPEETH DEEMED TO BE UNIVERSITY, PUNE

In Collaboration With  
**School of Physiotherapy, Pune & College of Nursing, Pune**

Organizing Workshop on

## 'INFINITE POWER OF MIND'

21<sup>ST</sup> MARCH 2023  
(2pm to 4pm)

GUEST SPEAKER

### Dr. DATTA KOHINKAR



# " INFINITE POWER OF MIND "

Manachi Amyard shakti and Tanav Mukti 21-03-2023

Sr. No	ROLL NO	Student Name	sign
1	2022-01	Ashley Alan	Ab
2	2022-02	Balwadkar Shreya Pandurang	Ab
3	2022-03	Bhandari Prachita Vilas	Ab
4	2022-04	Bhende Kshitij Sugnakar	Ab
5	2022-05	Bhoite Tejas Sidram	Ab
6	2022-06	Bhujbal Bhakti Raju	Ab
7	2022-07	Bisen Rupali Yogendra	Rupali B.
8	2022-08	Chimbalkar Sanika Santosh	Ab
9	2022-09	Chinchkar Shardul Prashant	Ab
10	2022-10	Choudhari Aishwarya Hemant	Choudhari
11	2022-11	Dangat Poorva Nitin	Dangat
12	2022-12	Dhapte Tanishka Sandip	Dhapte
13	2022-13	Dhorajiwala Zahra Huseini	Zahra
14	2022-14	Dhumal Arya Deepak	Ab
15	2022-15	Dixit Maheshwari Prasad	Dixit
16	2022-16	Dongare Yash Ajay	Dongare
17	2022-17	Fathimathul Shahariya N	Fathimathul
18	2022-18	Gore Pradnya Balasaheb	Gore
19	2022-19	Jadhav Akanksha Sanjay	Ab
20	2022-20	Jadhav Mansi Manoj	Jadhav
21	2022-21	Joshi Sneha Satish	Joshi
22	2022-22	Kadam Raj Balaji	Kadam
23	2022-23	Kadam Sakshi Sandip	Kadam
24	2022-24	Kalaskar Owice Satish	Kalaskar
25	2022-25	Khongal Tanvi Ajay	Khongal
26	2022-26	Kothadiya Tanvi Swapnil	Tanvi
27	2022-27	Kulkarni Gargi Shrikant	Kulkarni
28	2022-28	Kusekar Anjali Shivaji	Kusekar
29	2022-29	Liman Mrudula Daivat	Ab
30	2022-30	Mahajani Ananya Shantanu	Ananya
31	2022-31	Mahimkar Tanvi Rahul	Mahimkar
32	2022-32	Mala Naushiba Ashpak	Mala
33	2022-33	Memane Suhani Hanumant	Memane
34	2022-34	Mulewa Nikita Shesharam	Mulewa
35	2022-35	Nalawade Harshada Shrikant	Nalawade
36	2022-36	Nazareth Ashlynn Nashwin	Nazareth
37	2022-37	Noori Shamina Zikray	Noori
38	2022-38	Pade Vedang Atul	Ab
39	2022-39	Pande Priya Ravikant	Pande
40	2022-40	Pawar Chinmayee Shivaji	Pawar
41	2022-41	Pawar Deepika Tushar	Ab
42	2022-42	Phade Aakanksha Amol	Phade
43	2022-43	Phade Soniya Vaibhav	Phade
44	2022-44	Phadkule Gauri Nitin	Phadkule
45	2022-45	Prasad Raginikumari Raju	Prasad



46	2022-46	Salunkhe Shraddha Prashant	<i>Salunkhe</i>
47	2022-47	Sankpal Srushti Nitin	<i>Sankpal</i>
48	2022-48	Sawale Shruti Vijay	<i>Sawale</i>
49	2022-49	Sawant Tanaya Ravindra	<b>Ab</b>
50	2022-50	Shah Vineet Chetan	<i>Shah</i>
51	2022-51	Shaikh khadija Mohammed Irfan	<i>Shaikh</i>
52	2022-52	Shaikh Tinaz Riyaz	<i>T. Shaikh</i>
53	2022-53	Singh Samridhi Mukesh	<b>Ab</b>
54	2022-54	Talekar Nitin Subhash	<i>Talekar</i>
55	2022-55	Tripathi Muskan Amarnath	<i>Tripathi</i>
56	2022-56	Vanjari Aryan Rahul	<i>Vanjari</i>
57	2022-57	Vedpathak Sharvari Vivek	<i>Vedpathak</i>
58	2022-58	Verma Suchita Santosh	<b>Ab</b>
59	2022-59	Vidyagar Sujay Amit	<i>Vidyagar</i>
60	2022-60	Waingankar Tejal Deepak	<i>Waingankar</i>

*[Signature]*

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Dhankawadi, Pune-411 043.

School of Physiotherapy

" INFINITE POWER OF MIND "

Manachi Amyard shakti and Tanav Mukti 21-03-2023

Sr. No	Roll No	Student Name	Receivers Sing
1	2021-01	Agrawal Anushka Ravishankar	Anushka
2	2021-02	Agrawal Yukti Abhay	Yukti
3	2021-03	Babar Rushabh Vinod (M)	-
4	2021-04	Badhe Divya Hemant	Divya
5	2021-05	Bapat Mitali Makarand	Mitali
6	2021-06	Bhagat Shriya Ganesh	Shriya
7	2021-07	Bhandare Shreya Ganpat	Shreya
8	2021-08	Chavan Devisha Arun	Devisha
9	2021-09	Choudhary Krishna Manoj (M)	Krishna
10	2021-10	Deshmukh Sayali Gaurihar	Sayali
11	2021-11	Deshpande Shruja Avinash	Shruja
12	2021-12	Devange Atharva Shivraj (M)	Atharva
13	2021-13	Doshi Neha Anil	Neha
14	2021-14	Faye Priyanshi Pratin	Priyanshi
15	2021-15	Gawali Shruti Sanjay	Shruti
16	2021-16	Gawari Sakshi Sitaram	Sakshi
17	2021-17	Govekar Sakshi Ashay	Ab
18	2021-18	Gundesha Dhruthi Mukesh	Dhruthi
19	2021-19	Gunjal Anuja Uttam	-
20	2021-20	Hajare Sujay Suhas (M)	Sujay
21	2021-21	Jadhav Neha Sandeep	Neha
22	2021-22	Jadhav Richa Rajesh	Richa
23	2021-23	Jani Nidhi Nikhil	Nidhi
24	2021-24	Jinde Sakshi Abhijit	Sakshi
25	2021-25	Joshi Rajnandini Nandlal	Rajnandini
26	2021-26	Kadam Sanika Vijay	Sanika
27	2021-27	Kakirwar Bhavesh Omkar (M)	Bhavesh
28	2021-28	Kazi Imran Liyakat (M)	Imran
29	2021-29	Khore Gayatri Abhijit	Ab
30	2021-30	Kulkarni Abhishek Ganesh (M)	Abhishek
31	2021-31	Kulkarni Gayatri Sitaram	Gayatri
32	2021-32	Kulkarni Manali Prashant	Manali
33	2021-33	Mandiwala Taherali Burhanuddin (M)	Taherali
34	2021-34	Muzumdar Gayatri Vishwesh	Gayatri



35	2021-35	Nimbalkar Divya Jalindar	Ab
36	2021-36	Oswal Purvi Mayur	<del>PF</del>
37	2021-37	Parekh Mehek Vishal	<del>Mehek</del>
38	2021-38	Patel Rucha Viresh	Ab
39	2021-39	Patharkar Nain Shankar	<del>Asin</del>
40	2021-40	Patil Parth Sunita (M)	-
41	2021-41	Paun Krisha Samir	KP
42	2021-42	Pawade Shravani Sardeep	<del>SP</del>
43	2021-43	Pawar Riddhi Narayan	Ab
44	2021-44	Pawar Shreya Rajendra	-
45	2021-45	Poojari Gautami Ravindra	<del>Spuri</del>
46	2021-46	Prabhoo Rati Tushar	<del>Rati</del>
47	2021-47	Rathod Ashlesha Pradip	Ab
48	2021-48	Rode Gauri Ganesh	<del>Rode</del>
49	2021-49	Samtani Vidhi Khiomal	<del>Vidhi</del>
50	2021-50	Shaikh Umaima Nasir	<del>Umaima</del>
51	2021-51	Sharma Khushi Ramkumar	Khushi
52	2021-52	Sharma Nisha Vinay	<del>Nisha</del>
53	2021-53	Shinde Disha Sangram	Ab
54	2021-54	Sutar Samruddhi Rajiv	<del>Samruddhi</del>
55	2021-55	Tamboli Nausheen Feroz	<del>Nausheen</del>
56	2021-56	Tarlekar Manali Shripad	Ab
57	2021-57	Tata Harshita Vishwanath	<del>HP</del>
58	2021-58	Tavaskar Sakshi Sachin	<del>Sakshi</del>
59	2021-59	Teli Shruti Vijay	<del>Shruti</del>
60	2021-60	Waghmare Sharwari Ratnakar	A -

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**Prof. Dr. Shivajirao Kadam**  
M.Sc., Ph.D.  
Chancellor

**Prof. Dr. M. M. Salunkhe**  
M.Sc., Ph.D., F.R.S.C.  
Vice Chancellor

# **Bharati Vidyapeeth** (Deemed to be University) Pune, India.

**Founder Chancellor: Dr. Patangrao Kadam**  
**SCHOOL OF PHYSIOTHERAPY, PUNE**

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★ Category-I University Status by UGC ★  
★ NIRF Ranking - 68 ★

"Social Transformation Through Dynamic Education"



**Dr. Vishwajeet Kadam**  
B.Tech., M.B.A., Ph.D.  
Pro Vice Chancellor

**Dr. Swati Bhise**  
MPT Neuro, PGDHHM  
Principal

Ref: No: BVDU/SOP/ 02 / 2022

Date: 7/ 9/2022

## **PHYSIOTHERAPY WEEK CELEBRATION- DAY 2: DEBATE COMPETITION**

**Date- 7<sup>th</sup> September 2022**

**Time- 2 PM TO 4 PM**

**Venue- Yoga Lab School of Physiotherapy Bharati Vidyapeeth, Pune**

**No of participants- 120** (Students and faculty members of School of Physiotherapy, Bharati Vidyapeeth, Pune)

**Judges- Dr. Asmita Phadake**

**Serene Thomas**

On the occasion of World Physiotherapy Day School of Physiotherapy Conducted Debate Competition for Students. The competition started at 2 pm in yoga lab. **Dr. Asmita Phadake and Serene Thomas** graced this competition by their presence as judges. Introduction of judges was done by **Dr. Ketaki Kulkarni** and felicitation was done by **Dr. Swati Bhise** and **Dr. Neeraj Athawale**. The event was hosted by the volunteers of competition **Sakshi Tawaskar** and **Yukti Agrawal** (First BPTth students). There were four teams named **Peaceful Arguments, Statement Pacemaker, Arguably Perfect, and Calm Minders**. Total there were 20 participants, 5 in each team.

Round 1 was between **Peaceful Arguments & Calm Minders** on the topic "Is Artificial Intelligence Dangerous?" and round two was between **Statement Pacemaker & Arguably Perfect** on the topic "Do Movies Affect Children's Perception about Reality?" **Peaceful Arguments & Statement Pacemaker** were the finalist and they debated on the topic "Should Uniform be Compulsory in Professional Courses?" in finals. **Statement Pacemaker** won the competition by a very small margin of marks. Best Speaker trophy was awarded to **Gautami Poojari** from **Peaceful Arguments** team. Distribution of prizes and certificates was done by our respected judges for the day. Vote of thanks was proposed by **Sakshi Tawaskar**. The event was coordinated by Dr. Ketaki Kulkarni.





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Ref: No: BVDU/SOP/ 16 / 2023

Date: 05/05/2023

### VISIT TO POONA GERIATRIC CARE CENTER

Date – 4<sup>th</sup> May 2023

Venue – Poona Geriatric Care Center, Katraj

Conducted by – Dr. Anushree Narekuli, Dr. Janhavi Atre, Dr. Ketaki Kulkarni

Time – 11.30 am to 1 pm

On the occasion of birthday of our Hon. Executive Director, Dr. Asmita Jagtap, School of Physiotherapy, Bharati Vidyapeeth (Deemed to be University) organized a visit to Poona Geriatric camp, Katraj.


Poona Geriatric Center is a dwelling to 32 older adults diagnosed with conditions like Alzheimer's condition, Dementia, Schizophrenia etc.

Faculty members of School of Physiotherapy Dr. Anushree Narekuli, Dr. Janhavi Atre and Dr. Ketaki Kulkarni conducted various games for the older adults. Games like short term memory, eye hand coordination, balance of the lower body and reaction time, which helped us in assessing various parameters.

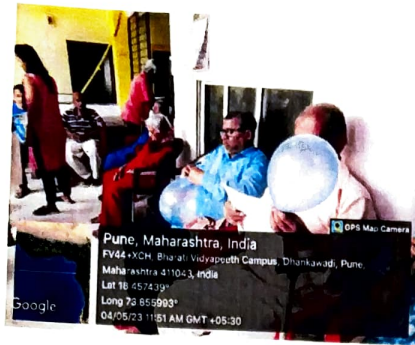
Games conducted were-

- 1) Ball catch and throw
- 2) Balloon blowing
- 3) Memory game

We also gave them hand-outs for simple exercises in sitting and it was well appreciated by the participants. All the older adults participated with great enthusiasm and enjoyed all the games conducted.

  
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*Satara*

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**Ref: No: BVDU/SOP/ 09 / 2022**

**Date: 08 /09/2022**

## **REPORT – WORLD PHYSIOTHERAPY WEEK –DAY 2 - EXTEMPORE SPEECH COMPETITION**

Date – 6<sup>th</sup> September 2022

Venue – Basement of Bharati Vidyapeeth College of Physical Education, Pune

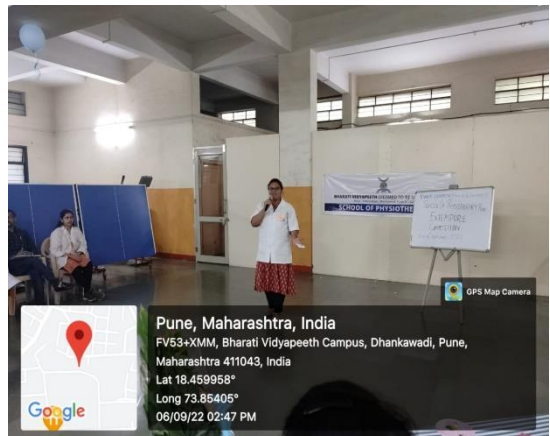
Attendee – 110 Students of School of Physiotherapy, Faculty members and Judges

Time – 2 pm - 4 pm

Judges- Dr.Chaya Deshmukh and Mrs.Supriya Kadam

On the occasion of World Physiotherapy Day, Bharati Vidyapeeth, School Of Physiotherapy organized an 'Extempore Speech Competition' for students of First year BPT. Dr.Chaya Deshmukh ma'am from department of gynecology and Obstetrics and Mrs.Supriya Kadam ma'am from College of Physical Education graced the occasion as Judges for the Extempore competition. Competition started at 2 pm sharp. Introduction of Judges was done by Dr. Janhavi Atre and their felicitation was done by Principal Dr.Swati Bhise ma'am.Total 12 students participated in the competition and gave an extempore speech on topics like India after COVID, IT-boon or bane,Importance of Kindness,Bullying in colleges,etc.Students spoke really well on all topics and received applause from the audiences. Miss Disha Shinde was announced as the Best Speaker by the Judges.All the participants received participation certificates. The event was co-ordinated by Dr.Janhavi Atre and Dr. Ketaki Kulkarni.

Overall, it was a great experience for the faculty members as well as for students.





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Principal

Ref: No: BVDU/SOP/ 11 / 2023

Date: 08 /02 /2023

**REPORT – FREE HEALTH CHECK UP CAMP IN WIPRO INDUSTRIES ON THE OCCASION OF BIRTH ANNIVERSARY OF HON.PATANGRAO KADAM SAHEB**

**Date** – 7th February 2023

**Venue** – Wipro Industries Pari, Shirwal

**Attendees** – 4 Second B.P.Th students and 4 Faculty members of School of Physiotherapy, Pune

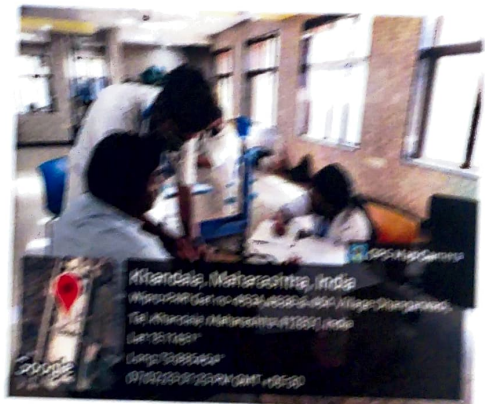
**Time** – 8 am to 5.30 pm

On the occasion of Birth Anniversary of our founder Hon.Dr.Patangrao Kadam Saheb, BVDU School of Physiotherapy, Pune organized a multi –speciality industrial camp at Wipro Industries in Shirwal on 7<sup>th</sup> February 2023. This multi-speciality camp aimed at assessing impairments related to prolonged hours of sitting work. Camp was conducted by 4 second B.P.Th students and 4 faculty members of school of Physiotherapy Dr.Janhavi Atre, Dr.Ketaki Kulkarni,Dr.Aditi Tupe and Dr.Sanchita Kushwaha along with Orthopedic and Medicine residents.

A total of 20 patients having ailments such as low back pain, neck pain, etc were assessed and treated by faculty members of School of Physiotherapy, Pune. Overall it was a good learning experience for students.

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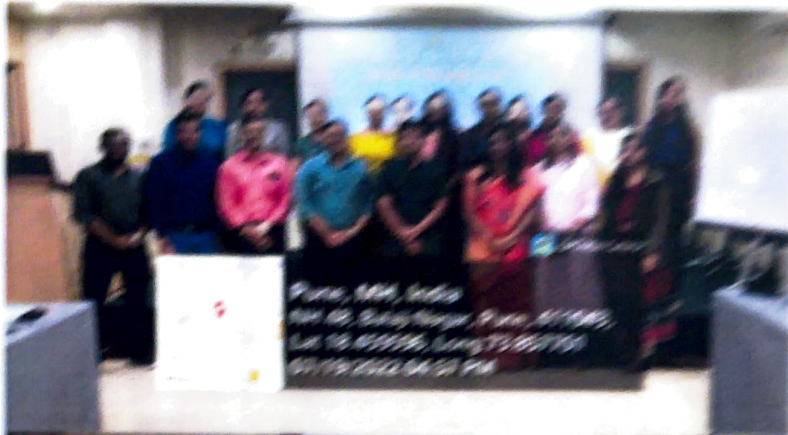


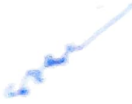




*(Signature)*  
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Pune-Satara Road, Pune-411063.





  
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 Bharati Vaidyaarambhi  
 (Deemed to be University)  
 School of Physiotherapy  
 Pune - Jyoti's Road, Pune-41 1043





**Bharati Vidyapeeth**  
(Deemed to be University)  
Pune, India.



Prof. Dr. Shivajirao Kadam  
M.Sc., Ph.D.  
Chancellor

Prof. Dr. M. M. Salunkhe  
M.Sc., Ph.D., F.R.S.C.  
Vice Chancellor

Founder Chancellor : Dr. Patangrao Kadam  
**SCHOOL OF PHYSIOTHERAPY, PUNE**

★ Accredited with 'A+' Grade (2017) by NAAC ★  
★ Category-I University Status by UGC ★  
★ NIRF Ranking - 68 ★

"Social Transformation Through Dynamic Education"

Dr. Vishwajeet Kadam  
B.Tech., M.B.A., Ph.D.  
Pro Vice Chancellor

Dr. Swati Bhise  
MPTh Neuro, PGDHMM  
Principal

Ref. No: - BVDU/SOP/ 5 / 2022

Date: 06/09/2022

**REPORT-Guest Lecture on "Positive Body Language for Professionals"**

**Date- 6<sup>th</sup> September 2022**

**Time- 10 AM to 11 AM**

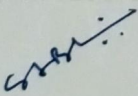
**Venue- 4<sup>th</sup> Floor Conference Hall, Bharati Hospital, Pune**

**No of participants- 105** (Students and faculty members of School of Physiotherapy, Bharati Vidyapeeth, Pune)

On the occasion of "World Physiotherapy Day (8<sup>th</sup> September)" Bharati Vidyapeeth School of physiotherapy, Pune has organized Guest lecture on "Positive Body Language for Professionals" by Prof. Mr. Maharudra Kapse from Bharati Vidyapeeth's Jawaharlal Nehru Institute of Technology.

The session was very informative for all the participants. Professor Kapse enlightened about different ways of effective verbal & nonverbal communication. He briefed about how to Read & Influence people through nonverbal communication. Professor Kapse highlighted the importance of Body Language through Gesture, Posture, Eye contact, Facial expression, Haptics & Proxemics. He also explained how the Dress & Appearance would portray our Body language and influence people in a positive way.

The event was coordinated & hosted by Dr. Neeraj Athavale. Dr. Janhavi proposed a vote of thanks for this event.

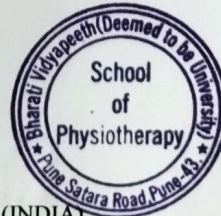
  
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Pune-Satara Road, Pune-411043.

Pune Satara Road, - 411 043 (INDIA)

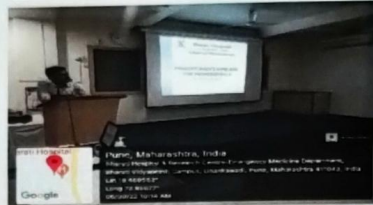
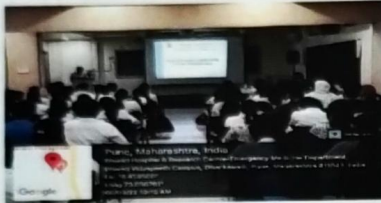
Tel No: - 020 - 24372232 Email Id:- [sopt.pune@bharatividyaapeeth.edu](mailto:sopt.pune@bharatividyaapeeth.edu)

Web: <http://soptpune.bharatividyaapeeth.edu>





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**BHARATI VIDYAPEETH**  
(Deemed to be University)  
**SCHOOL OF PHYSIOTHERAPY**

Pune- Satara Road, Dhankawadi, Pune 411043

Tel :-( 020) 40555555, 24372223

E-mail: [sopt.pune@bharativedyapeeth.edu](mailto:sopt.pune@bharativedyapeeth.edu)

Website: [bvuniversity.edu.in](http://bvuniversity.edu.in)

Ref. No: -BVDU/SOP/ 10 / 2023

Date: 05/04/2023

**Circular - Scavenger Hunt 2023**

On the occasion of World Health Day 2023, School of Physiotherapy, Bharati Vidyapeeth, Pune will be having a **Scavenger Hunt** for all our FY BPTTh Students.

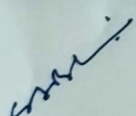
**Event Details are as follows:**

**Date:** 6<sup>th</sup> April 2023

**Time:** 2PM onwards

**Venue:** School of Physiotherapy, Bharati Vidyapeeth Campus, Dhanakwadi

Attendance is mandatory for everyone.

  
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Ref: No: BVDU/SOP/ 10 / 2023

Date: 7/04/2023

**REPORT-Scavenger Hunt on the occasion of World health Day**

Date- 6<sup>th</sup> April 2023

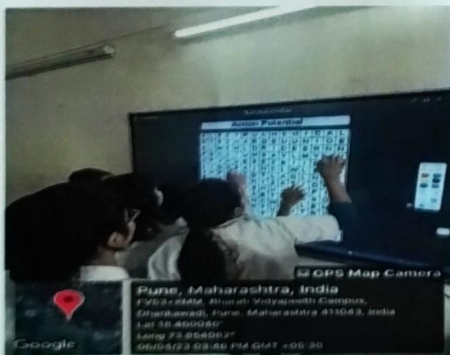
Time- 2PM Onwards

Venue- School of Physiotherapy, Bharati Vidyapeeth, Pune

No of participants- 60 (Students of FYBPTH School of Physiotherapy, Bharati Vidyapeeth, Pune)

School of Physiotherapy, Bharati Vidyapeeth, Pune organised a scavenger hunt on the occasion of World Health Day. The WHO constitution states: "Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity" Keeping that in mind, the faculty decided to organise a Scavenger hunt that tested the students's physical health which also made them put on their thinking caps with the various tasks that were included that included curricular and co-curricular topics.

It was a very enriching activity for both faculty and students. The event ended at 4PM.



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# Bharati Vidyapeeth (Deemed to be University) Pune, India.



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Chancellor

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Pro Vice Chancellor

Dr. Swati Bhise  
M.P.H Neuro, PGDHHM  
Principal

Ref: No: BVDU/SOP/ 05 / 2022

Date: 08/09/2022

## REPORT-GUEST LECTURE ON STRESS MANAGEMENT

Date- 7<sup>th</sup> September 2022

Time- 11 am to 12.30 pm

Venue- Conference Hall, Bharati Hospital, Pune

No of participants- 120 (Students and faculty members of School of Physiotherapy, Bharati Vidyapeeth, Pune)


Chief Speaker- Brahmakumari Dr. Smita

Guest lecture on "Stress Management" was organized for students and faculty members of School of Physiotherapy, Bharati Vidyapeeth, Pune in continuing the celebration of "World Physiotherapy Day" that falls on 8<sup>th</sup> September every year.

Session started with felicitation of BK Dr. Smita at the hands of Principal Dr. Swati Bhise Madam. Brahmakumari Dr. Smita is a Raj Yoga Meditation Teacher and Management Trainer at Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya, Pune. She highlighted the importance of identifying our own stress and its management through simple meditation techniques. She also gave demonstration of small meditation techniques which make great help in relieving stress.


This event was hosted by Dr. Rucha Pande, Assistant Professor, SOPT, Pune and Dr. Ketaki Kulkarni proposed vote of thanks.

Dr. Ruchita Killedar was event coordinator for this event.


  
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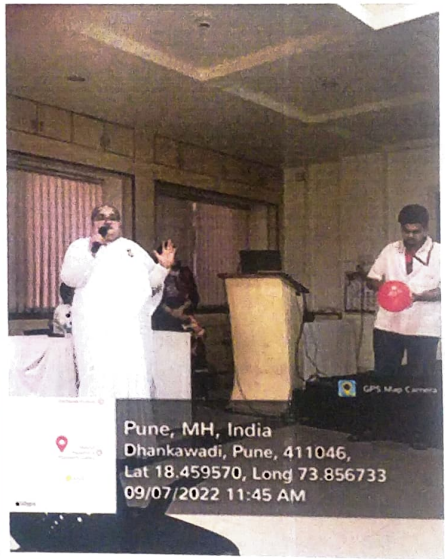




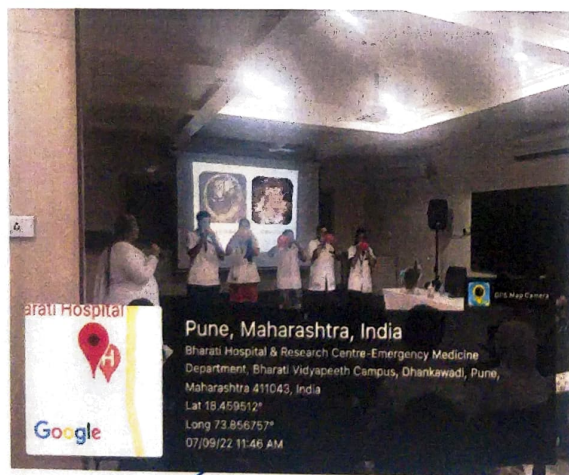

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 Bharati Hospital & Research Centre-Emergency Medicine Department,  
 Bharati Vidyapeeth Campus, Dhankawadi, Pune, Maharashtra 411043, India  
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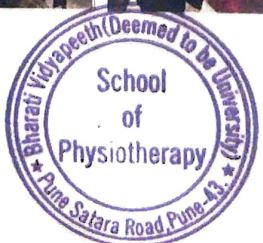



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 Bharati Hospital & Research Centre-Emergency Medicine Department, Bharati Vidyapeeth Campus, Dhankawadi, Pune, Maharashtra 411043, India  
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**Bharati Vidyapeeth**  
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Prof. Dr. Shivajirao Kadam  
M.Sc., Ph.D.  
Chancellor

Prof. Dr. Vivek A. Saoji  
M.B.B.S., M.S. (Surp.)  
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Ref. No: BVDU / SOP / 10 / 2023

Dated: 07 / 06 / 2023

**Report**

**Shoulder Joint Quiz Competition**

**Date-** 27<sup>th</sup> May 2023

**Time-** 12pm to 1pm

**Venue-** Kinesiotherapy lab, School of Physiotherapy, Bharati Vidyapeeth Campus, Dhankawadi

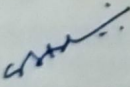
**No of participants-** 34 Students

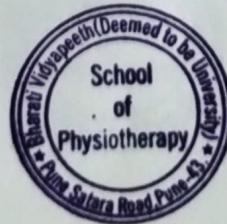
**Coordinators:** Dr. Ketaki Kulkarni Dr. Saurabhi Purandare & Dr. Anushree Narekuli

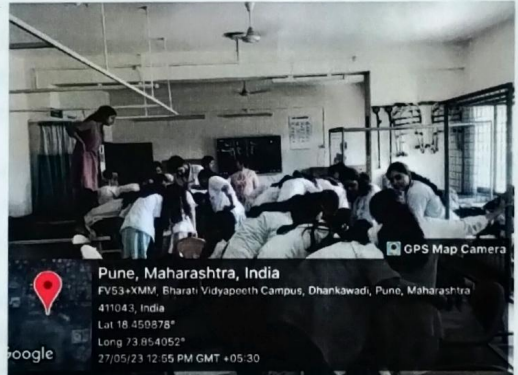
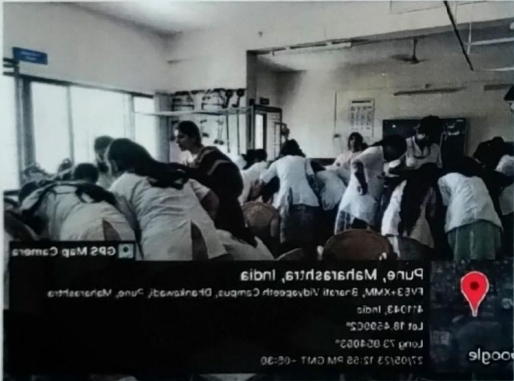
Quiz competition was scheduled for II-BPTh students on shoulder joint and biomechanics of shoulder joint. Number of students present were divided into three groups equally (Team T, Team K, Team I). 1<sup>st</sup> round was Flash card round. In this round each team was given a chance to answer. 2<sup>nd</sup> round was about X-ray markings, students were given 3 handouts and they had to mark the points on the chart. 3<sup>rd</sup> round was surface anatomy, which they had to perform on models. Each round had maximum of 10 marks. The time for each round was 15 minutes.

At the end we had students and teacher's discussion and a doubt clearing session regarding activity. Calculation of all the scores was done and Team K topped this competition with the score of 25 points, Team T scored 18 and Team I scored 16 out of 30.

This activity enhanced their reasoning ability, logical and practical thinking skills. Students enjoyed performing this task as a group activity.

  
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 Web: <http://soptpune.bharatividyaapeeth.edu>