

# Dr. RUCHITA KILLEDAR (PT)



## Contact

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Email ID

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## LinkedIn Profile

MSOTPT COUNCIL  
REGISTRATION NUMBER:  
2015/07/PT/004120

## Achievements/ Conferences Attended

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- Second Prize at Scientifica 2017 Scientific Paper Presentation PG category
- Rehab e- CON 2021
- SIP e-CON 2021
- Scientifica 2021
- Kinesiocon 2021
- Scientifica 2017
- Exercise as Medicine-Manipal 2015
- National Research Conference of Physiotherapy Teachers 2020
- Basic workshop in "Health Science Education Technology", February 2018
  - Basic workshop in Research Methodology (MUHS approved), January 2015

## Summary

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- ◆ Assistant Professor, Department of Cardiovascular and Respiratory Physiotherapy; School of Physiotherapy Bharati Vidyapeeth Deemed to be University, Pune.
- ◆ Former Assistant Professor at LSFPEF College of Physiotherapy, Nigdi, Pune

## Education:

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- Masters in Cardiovascular and Respiratory Physiotherapy from SKN College of Physiotherapy, Pune in 2017
- Bachelor of Physiotherapy from PT School and Centre, Government Medical College Nagpur in 2014

## Experience

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### TEACHING

- ◆ **As an Assistant Professor-** August 2017 – September 2021 at LSFPEF College of Physiotherapy, Nigdi, Pune

### • CLINICAL

- Clinical Physiotherapist at Breath Easy Pulmonary rehabilitation Center, Pune 2014-2017

## Certifications

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- Certified ACLS BLS Practitioner

## Publications

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- Correlation of 4 Meter Gait Speed with 6 MWD in COPD Patients-A Cross Sectional Study; International Journal of Developmental Research; Vol. 09, Issue 01, January 2019; 25100- 25102
- Comparison of Chest Expansion in CP Diplegic Children with Age Matched Normal Children; International Journal of Applied Research 2019; 5(7), 42-44
- Peak Expiratory Flow Rate in Indian Female Classical Singers; International Journal of Recent Advances in Multidisciplinary Research; Volume06, Issue03, March 2019, 4772-4774
- Correlation of Duration of exposure with PEFr in flour mill workers: A cross sectional study; International Journal of Applied Research 2019; 5(4); 168-171
- Effect of Aerobic Training On Rate Pressure Product, VO<sub>2</sub> Peak and Quality of Life in post-Menopausal Women: A Randomized Controlled Trial; International Journal of Scientific Research; June 2020; ISSN-2277-8179
- Correlation of Breath Holding Time with Spirometry Test - An Alternative Non Technician Dependent Surrogate Test for Spirometry; International Journal of Medicine; March 2018; 5(3); 9-73
- Prevalence of Musculoskeletal Injuries in Gas Cylinder Workers in Pune Region-A Cross Sectional Study; International Journal of Research and Analytical Review; November 2020; Volume7; Issue 4; ISSN 2349-5138