Curriculum Vitae

Dr. Anagha Mahurkar

Fl No.-2 Narayani Apartment Krishna

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Registration Number		
IAP	L25182	
OTPT	PR-2011/02/PT/001505	

Carrier Objective:

Dynamic, Empathetic **Physiotherapist 8+ years of experience** in the Rehabilitation field. Vast knowledge and experience in assessing and treating a variety of conditions. Collaborates with the physicians, specialists and other rehabilitation professionals for ac hieving greater improvement in the patient. Expertise in various rehabilitation techniques and modalities. Demonstrate immense commitment towards patient care during admission as well as on follow-up. Passionate towards my work and bringing a positive change in the patient's life. Excellent interpersonal skills.

Work Experience:

- 1. Currently Work in Bharti Hospital and Research Center From 2015-Till Date.
- 2. Worked as physiotherapist in Naik Hospital, Pune. From 2012-2013.
- 3. 7 Month Experience in Pediatric Physiotherapy center, Nagpur

Roles and Responsibilities:

- Performing detailed assessments, reasoning, formulating and implementing a treatment plan for patients with acute and chronic conditions.
- Providing treatment to patients of all age groups and with a variety of conditions such as neurological, cardiology, orthopedics and pediatrics.
- Responsible for inpatient and outpatient cases.
- Experience in using various types of modalities such as USG, IFT, traction for conditions such as cervical pain, lower back pain etc.
- Involved in the patient's care through the admission, discharge and follow up.
- Providing treatment to various neurological conditions such as traumatic brain injury, spinal cord injury, Parkinson, motor neuron diseases etc.
- Assisting patients to recover from a wide range of conditions such as fractures, muscle/ tendon injuries or sports-related injuries.
- Supporting patients recovering from surgeries.
- Liaison with physicians, surgeons and occupational therapists in providing a holistic treatment plan for the patient.
- Maintaining a high standard of work and professionalism.

M.P.Th Specialty:

1. Community Based Rehabilitation.(CBR)

Academic Projects and workshops:

Workshop's:

- 1. "Ante Natal & Post Natal Fitness" By Nirupama Health Research charitable On Dec. 2019.
- 2. "High Velocity Thurst Techniques" By Manual Therapy Foundation On Dec. 2019.
- 3. "Physiotherapy during antenatal and postnatal period" By Lifecell On June 2011.
- 4. "The 49th annual conference of indian association of physiotherapy" On Jan 2011.
- 5. "Research methodology and biostatistics" By sancheti hospital, Pune On Feb 2010.
- 6. "Research conference scintifica" By sancheti hospital, Pune On Feb 2010.
- 7. "NDT theoretical framework and clinical application" By Abhiman smirti sanstha On May 2009
- 8. "Gait analysis in neurological condition" By NARCAOOD On July 2008.
- 9. "Role of Physiotherapy in critical care" By Ravi nair collage, On Sept.2008.
- 10. "Orthotic Management in Upper Extremity orthopedics conditions" By G.H. Raosoni, On Jan 2007.
- 11. "Leprosy elimination action program" By LEAP On Sept 2007.
- 12. "manual therapy concept in integrated apporch" By manual therapy foundation of india ON Oct 2006.
- 13. "Sport rehabilitation" By G.H. Raisoni On Feb 2006.

Project Name:

- 1. Study of endurance levels between middle age and geriatric middle age and geriatric population .
- 2. To compare the efficacy of manual cervical traction with manual vertebral mobilization technique in patients with cervicogenic headache.
- 3. Effects of workplace exercise intervention on neck shoulder symptoms and upper extremity muscle strength in sedentary workers.

Educational Qualifications:

Description	University/	College / School	Year of	Percentage
	Board		passing	
M.P.Th	M.U.H.S.	V.S.P.M. collage	August 2012	53%
	Nashik.	of Physiotherapy		
		Nagpur.		
B.P.Th	Pandit	G.H. raisoni	April – 2008	1 st Yr -70.00%
	Ravishanka	National		2^{nd} Yr -65.33%
	r Shukla,	CollageNagpur.		3 rd Yr -71.45%
	Raipur.			4 th Yr -62.00%
H.S.C. (12 th)	Maharashtra	Mohata science	February - 2004	60.50%
	Board	Collage, Nagpur.		
S.S.C. (10 th)	Maharashtra	M.P. Dev Smirti	March – 2002	70.00%
	Board	Lokanchi Shala		
		Nagpur.		

Personal Details:

1. Name	Anagha Vikas Mahurkar
2. Address	Fl No2 Narayani Apartment Krishna Colony.
	Kothrud, Pune-38.
3. Date of Birth	24-Nov-1986
4. Sex	Female
5. Marital Status	Married
6. Nationality	Indian
7. Language Known	English, Marathi, Hindi
8. E-mail Address	anagha.sa01@gmail.com
9. Mobile Number	9766918764
10. Hobbies	Travelling, Reading books, dancing

Declaration:

I hereby declare that the above written particulars are true to the best of my knowledge and belief.

Date:

Place: Pune (Dr. Anagha V. Mahurkar)