

# Anushree Narekuli

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## WORK EXPERIENCE

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Department of Physiotherapy,  
Pad.Dr.D.Y.Patil University  
Assistant professor

August 2009— June 2012

Smt kashibai Navale College of  
Physiotherapy  
Assistant professor

July 2012 — June 2017

Smt kashibai Navale College of  
Physiotherapy  
Associate professor

July 2017 — August 2018

JSS College of  
Physiotherapy, Mysuru.  
Associate professor

August 2018-Jan 2019.

LSFPEF's College of  
Physiotherapy, Pune  
Associate professor

September 2020-December 2020.

Sancheti Institute College of  
Physiotherapy, Pune.  
Professor

March 2021-July 2021

## QUALIFICATIONS

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Ø Resource person for Basic Research Methodology Workshop approved by MUHS & organized by Smt. Kashibai Navale College of Physiotherapy, Pune December 2016 & 2017

Ø Workshop on Myofascial Dysfunction of Lumbar & Pelvic Region held on 20<sup>th</sup> January 2016 at Smt. Kashibai Navale College of Physiotherapy, Pune



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Ø Attended Basic Research Methodology Workshop approved by MUHS & organized by ACE Hospital & Research Centre, Pune on 30<sup>th</sup> July - 2<sup>nd</sup> August 2015.

Ø 1<sup>st</sup> workshop of Sports Medicine & Emergency Medical Services with 29<sup>th</sup> Pune International Marathon held on 4<sup>th</sup>

Ø Certificate Course in Yoga conducted jointly by Students' Health Services Scheme University of Pune & Kaivalyadhama Shreeman Madhava Yoga Mandir Samiti Lonavala from August to October 2013

Ø "Grant Writing Workshop" held on 2<sup>nd</sup> February 2013 at "Scientifica 2013".

Ø Pre & Postnatal Workshop conducted by Dr. Snigdha Mehta (PT) on 15<sup>th</sup> - 16<sup>th</sup> December, 2012, at Juhu, Mumbai. Ø

Prenatal & Postpartum Exercise Instruction "held on 8<sup>th</sup> & 9<sup>th</sup> December 2012 organized by PhysioNova and conducted by Dr. Elizabeth Noble in Mumbai.

Ø Workshop on Brian Mulligan's Concept Mobilizations with Movement, NAGs, SNAGs, and etc. from 6<sup>th</sup> to 15<sup>th</sup> January 2012 held in Mumbai.



Ø Follow-Up Workshop on Brian Mulligan's Concept Mobilizations with Movement, NAGs, SNAGs, and etc. from 20<sup>th</sup> to 22<sup>nd</sup> January 2012 held in Mumbai.

Ø Faculty Development Program on Research and Data Analysis Using SPSS organized by Department of Physiotherapy, Pad. Dr. D. Y. Patil University, Nerul Navi Mumbai in Collaboration with SPSS South Asia, Bangalore on 18<sup>th</sup> September 2011

Ø NIH web based training course "Protecting Human Research Participants." On 3<sup>rd</sup> July 2011.

Ø Training program in Research Methodology and Statistical Methods at Tata Institute of Social Sciences from March 12<sup>th</sup> to April 23<sup>rd</sup> 2011.

Ø 12<sup>th</sup> Certificate Course in Medical Education Technology held at Seth G S Medical college & KEM Hospital in September (4<sup>th</sup>-6<sup>th</sup>) 2010 and March (29<sup>th</sup>-31<sup>st</sup>) 2011

Ø Maitland's Concept Of PERIPHERAL MOBILIZATION AND MANIPULATION & VERTEBRAL JOINT MOBILIZATION AND MANIPULATION WITH CLINICAL REASONING conducted by Dr. Kiran Challagundala (PT) from 25<sup>th</sup>-27<sup>th</sup> March 2011

Ø Postgraduate program on MECHANICAL DIAGNOSIS AND THERAPY (MCKENZIE) Part B. held at Mumbai on January 2011 Organized by the MCKENZIE INSTITUTE INTERNATIONAL.

Ø Upper and lower quarter course on Clinical Neurodynamics conducted by NEURODYNAMICS SOLUTIONS (NDS) from 3<sup>rd</sup> -6<sup>th</sup> December 2010.

Ø Postgraduate program on MECHANICAL DIAGNOSIS AND THERAPY (MCKENZIE) Part A held at Mumbai on November 2010 Organized by the MCKENZIE INSTITUTE INTERNATIONAL.

Ø Evaluation and Management of SACRO-ILIAC DYSFUNCTIONS conducted by Dr. Sandhya Waingankar (PT) on 21<sup>st</sup> & 22<sup>nd</sup> August 2010 at Mumbai.

Ø Workshop on CPR Workshop with hands on training held on 8<sup>th</sup> February 2010 at DR. D. Y Patil Medical College and Hospital, Nerul, Navi Mumbai

Ø Sensory Integration Workshop conducted by Dr. Urmila Kamat on 6<sup>th</sup> February 2010 at Department of Physiotherapy, Pad. Dr. D. Y. Patil University, Nerul Navi Mumbai.

Ø Hands on Workshop on Muscle Energy Technique for Physiotherapist from 26<sup>th</sup> to 27<sup>th</sup> November 2009 at National Institute of Rehabilitation Training and Research.

Ø Vestibular Dysfunction Scope for Physiotherapy Practice on 19<sup>th</sup> September at A. D. SILVA School. Dadar, Mumbai.

Ø Manuscript Writing for Scientific Publication conducted by Faculty Members of Department of physiotherapy MCOAHS on 12<sup>th</sup> March 2009.

Ø CME programme, Cerebral Palsy Update-2008 held at IMA Hall, Kozhikode on 12<sup>th</sup> October 2008. Ø

Workshops at Department of Physiotherapy, Manipal College Of Allied Health Sciences (MCOAHS)

Ø National Workshop on Work Related Dysfunction Assessment and Rehabilitation on 22<sup>nd</sup> & 23<sup>rd</sup> December 2007

Ø Workshop on Aerobics conducted by KMC Department Of Physical Education, Manipal on 29<sup>th</sup> August 2007 Ø

Workshop on Stroke Rehabilitation Physiotherapy Perspective on March 30<sup>th</sup>, 31<sup>st</sup> & April 1<sup>st</sup>, 2007. Ø

CPE on „Current Physiotherapy Practices in ICU“ from 19<sup>th</sup> to 21<sup>st</sup> January 2007



## EDUCATION

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*B.P.T* *October 2001 — August 2006*  
*S.D.M College of Physiotherapy (Rajiv Gandhi University of Health Sciences), Karnataka*

*M.P.T* *August 2006 — June 2009*  
*MCOAHS, Manipal University*

*PhD Scholar* *JUNE 2014 — Till date*  
*RK University, Rajkot*

## VOLUNTARY WORK

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*Part of the Medical Team for a Medical Camp at Nilshi Village organised by Rotract Club of Caduceus from 2-4th March 2012*

*Physiotherapist for a free camp organised by Lioness Club of Somnath, Dabhel-Daman in 2009-10 Camps attended with Department of Physiotherapy, MCOAHS, Manipal*

*∅ Community Health Screening And Dysfunction Survey on 11<sup>th</sup> January 2009*

*∅ Health Screening And Public Awareness Camp at Udyavar*

*∅ Health Screening And Public Awareness Camp held at T.M.A.Pai Hospital, Udupi ON 12<sup>th</sup> & 13<sup>th</sup> December 2008*

*∅ Geriatric camp conducted in association with Milagres Church, Kallianpur on 1<sup>st</sup> October 2008.*



## CONFERENCES

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∅ Presented a paper at NEPTACON-2018 in Nepal.

∅ National Conference on Physiotherapy held at Navi Mumbai on 16 & 17

<sup>th</sup> December 2017

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,11 November 2017

∅ The First National Level Physiotherapy Post Graduate Conference organized by JSS Medical College Mysore, Karnataka on 17<sup>th</sup> & 18<sup>th</sup> August 2013.

∅ Scientifica 2013, a research conference for Physiotherapy Students, held on 3<sup>rd</sup> February 2013 organized by Maharashtra University of Health Sciences (MUHS), Nashik

∅ "National Conference on Physiotherapy Health 2012" held on 1<sup>st</sup> & 2<sup>nd</sup> October 2012, organized by Department of Physiotherapy, Pad. Dr. D. Y. Patil University, Nerul Navi Mumbai

∅ Presented poster at 48<sup>th</sup> Annual Conference of Indian Association of Physiotherapy (IAP) 2010 from 22<sup>nd</sup> to 24<sup>th</sup> January 2010 held at Dr. T. M. A. Pai International CONVENTION Centre, Mangalore, Karnataka.

∅ Presented poster titled "Adherence with ergonomic principles among dental professionals" at the International Conference on Ergonomics-2008 in Bangalore at Garden City College organized by RECOUN from 19<sup>th</sup>-21<sup>st</sup> September 2008.

∅ Presented paper "Awareness of Disability Remedies among Healthcare Professionals and Persons with Disabilities: A questionnaire based survey" at Conference on Disability and Disaster' at Shantha Memorial Rehabilitation Centre, Bhubaneswar, in association with Ministry of Social Justice and Empowerment, New Delhi from 28<sup>th</sup> to 29<sup>th</sup> January 2008.

## REFERENCES

References available upon request.





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